

## LIGHT SUMMERTIME FARE

The Doctor told me I should start an exercise program. Not wanting to harm this old body, I've devised the following:

### **Monday**

Beat around the bush;  
Jump to conclusions;  
Climb the walls;  
Wade through the morning paper.

### **Tuesday**

Drag my heels;  
Push my luck;  
Make mountains out of mole hills;  
Hit the nail on the head.

### **Wednesday**

Bend over backwards;  
Jump on the Band Wagon;  
Run around in circles.

### **Thursday**

Advise the President on how to run the country;  
Toot my own horn;  
Pull out all the stops;  
Add fuel to the fire

### **Friday**

Open a can of worms;  
Put my foot in my mouth;  
Start the ball rolling;  
Go over the edge.

### **Saturday**

Pick up the pieces.

### **Sunday**

Kneel in prayer;  
Bow my head in thanksgiving;  
Uplift my hands in praise;  
Hug someone and encourage them.

Whew! What a workout!