

## FEAST OF CORPUS CHRISTI

Today is also the Feast of Corpus Christi. The two Sundays after Pentecost are Trinity Sunday and Eucharist Sunday (or, Corpus Christi—Body of Christ). These are the two most significant mysteries of our faith. God is one and three. God has revealed this to us through the inspiration of the Holy Spirit and through the Word made flesh, the one known as Jesus of Nazareth. It is this same Jesus who freely offered himself, all of himself, completely and totally in an act of self-sacrificial love. And on the evening before he was handed over, he did something truly memorable, truly remarkable. Jesus left himself to us as bread for our journey through life. Jesus is the Bread of Life. How can these mysteries be? We are asked to believe and to accept. We can seek to grow in our understanding of what they mean but the better way is actually to acquiesce in faith and to enter into the mystery without really understanding. This, of course, calls for greater faith.

Something that occurred to me when I was in my corona-virus quarantine last year. I received these little promptings from Our Lord. It was always the same thing. Place yourself in my hands. Surrender yourself to me. In every aspect of your life. In every moment. In every area of responsibility. What occurred to me is this. It is impossible for any person to go through life without putting their trust in someone or something. This is true even if they choose to trust only themselves and their own take on things. The way we are made is that because we are capable of love, we are thereby capable of trusting another. We place our trust where we love. Everyone does this. It is how we have been made. Everyone has to do this. No matter where one lives or the nature of their upbringing. Each of us decides in whom or in what they will place their trust.

So, why do we believe Jesus? Why do we believe that Jesus came from God and actually is God? Can God's Word really become a human being? Why should we place our faith in one who died such a horrible death, in such pain and opprobrium and hatred being heaped upon him? Why should we believe that he is the One? Or that we should place our little trust in this defeated human being?

The message of Jesus then is that the only guarantee that we get in this life, about death, comes from him. He alone of all the people who have ever lived has himself died and been raised from the dead never to die again. He asks us to believe this and to place our trust in him precisely because of that. Some do. Some hedge their bets and hold back. Some take a wait and see attitude. Study your own thinking patterns. Examine your emotions and see how you trust them to lead you in all manner of things. Ask yourself where you actually do place your trust. If you are unsure, then ask Our Lord to reveal to you where you place your trust. But I tell you, the only thing that works. Is to place your trust in a person. And that person is Jesus Christ. That placing of your trust in him, that choosing to believe in him, will make all the difference in your life. How do I know? Because I did precisely that and that act of faith and trust in him has changed my life, made it better and brought to me genuine happiness and true peace. And just where do I experience all of this—any of this? In the Eucharist where Christ left himself to us as bread. Good bread. Love. Which nourishes. Our Eucharistic Lord. The Body of Christ. Happy Feast Day.