## THE INNER DYNAMIC THAT IS GOD TRINITY

Years ago, a good friend of mine who struggled with addictions of his own, we had a good conversation about being addicted to things. And one of the things that he shared that was new to me at that time, something I had not really grasped or thought about before, but when I heard it, I recognized the truth of it, he said, in one sense, every addiction is the same because addiction at root is isolation.

Isolation. So, if it's alcohol, eventually it costs you everything, costs you all of your relationships, it'll cost you your job, it will cost you all kinds of things. And in the end, it's just you and the drink. If it's porn, in the end it's just you and the porn. If it's gambling, it's just you and the gambling. If it's shopping, it's just you and the shopping. If it's workaholism, it's just you and the work. So, the heart of addiction is isolation. And that isolation comes from the enemy. It comes from the devil. It is the exact contradiction of God. The opposite of Communion.

Today is the feast of the Holy Trinity. There is a reason why God reveals himself to us as one and three. There is a reason we need this information. We are not made to be solitary. We are made to be in communion. We are made to be in union. We are made to be in harmony with another. It's who God is in his essence. God is not just one, although God is one. God is full unity, but he is not just one. God is three. And I have thought about that. Why can it not just be two? Why isn't two enough? And I have really given this a lot of thought, and it is a simple thing for me. For example. If you are in a relationship with somebody and say you are going together and then your fiancé pops the question, "Will you marry me?" "Okay, yes, I will marry you." And then there is great rejoicing between the two of you. Who is the first person you tell? There has to be another person that you tell that this to, that you share your joy with. With whom you share this good news. Two Isn't enough. You always need a third. That is true even in God. The Father loves; he speaks a word of love. The Son, I am your beloved. I am loved. And the Spirit between them is their loving. That is the dynamic. If you see the little Atom, you know that little atom is depicted is three intertwining dynamics. That is the dynamic in the Godhead.

And so the, the Son can go to the Spirit and say, the Father loves me. And the Father can go to the Son and say, do you see our love, what it looks like, the dynamic of it. And the Son can go to the Father and say, Father, you and I are one. And doesn't Jesus say these kinds of things when he walks the face of the earth? "He who sees me sees the Father. The Father and I are one. Philip, how can you say, show us the Father? I have shown you the Father." If you want to know what God the Father looks like, look at Jesus on the cross. That's it. If you want to know what his love is like, that's it. We need that. We are incomplete without another. And love always is between two. And then the loving is the third reality. The inner dynamic of love itself.

In husband and wife we see this . I had a wedding this afternoon, many, many times have I stood there and helped the bride and groom with the words that they say, "I will love you and honor you. All the days of my life. It's a word. And the word touches the other person's heart. And eventually that word becomes flesh. In a child. And then the two who are one here today become three. But the three are one. And we call that family. The original family is God. And we call that—Trinity.

And so what is Jesus doing? He's coming to us in our sin. And he says, I want you to know something. My father has created a kingdom and he wants you to be in it. And he sent me to spread the word. You are welcome in my father's house. And you say, don't you know what we have done? Of course I know what you have done. I forgive you in his name is what Jesus says as he hangs on the cross. "Father forgive them." He knows, but he knows what he has made you for. He's made you for love.

He's made you for unity. And your hearts are restless until they experience that. And it is for everybody. Not just or some. This message of Jesus isn't saying, "Well, only the elites get this. The Trinity's too difficult for us to grasp. 'No, it isn't. We can not enter the fullness of the depth of the

mystery, but we get the basics. The two have become one and now are three. And the three are one forever. And we live that. And so we have to look for ways to link up. We have to look for ways to connect. And when the connection is severed, we have to find a way to reconnect. And the unity is something that Jesus said at the last Supper, that they all may be one. That is what he wants. That was his last will for us. That they all may be one. And so that is what he wants. Everything he has done, everything he does is for that unity to come. Because that is what love is. It Is unity. And so the Lord says, I call you to live it. And the spirit of our love is the spirit of our unity, I breathe into you. That was last week's gospel. I breathe upon you, the Holy Spirit, the love that animates me. We breathe it right into you. And now we have it. We have been given it. He says, please believe. And as you grow in your belief, and your prayer deepens your faith, you then begin to live it and spread it because the world still needs that message

May our Lord bless us all tonight and give us his peace.